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### **Nutrition Policy Resources/Internship Opportunities**

#### **New to Nutrition Policy?**

If you are interested in Nutrition Policy, below are a few helpful resources like list serves, internship opportunities and organizations that may be useful in helping navigate the nutrition policy arena.

#### **Websites, List Servs, Twitter, Facebook**

Below are various web sites and list serves of interest. Many also have Facebook pages and Twitter accounts that may be worth “liking” and “following.”

#### Center for Science and the Public Interest (CSPI) Action Network

CSPI is a consumer advocacy organization whose twin missions are to conduct innovative research and advocacy programs in health and nutrition, and to provide consumers with current, useful information about their health and well-being. CSPI has long sought to educate the public, advocate government policies that are consistent with scientific evidence on health and environmental issues, and counter industry’s powerful influence on public opinion and public policies.

[http://my.cspinet.org/site/PageServer?pagename=CSPI\\_SignUp](http://my.cspinet.org/site/PageServer?pagename=CSPI_SignUp)

#### Community Commons

Community Commons is an interactive mapping, networking, and learning utility for the broad-based healthy, sustainable, and livable communities’ movement. Join as a leader to stay up to date on child nutrition initiatives and advocacy opportunities.

<http://www.communitycommons.org/members>

#### Community Food Security Coalition

This is a listserv focusing on community food security. Subscribe to the COMFOOD Jobs list here:

<http://www.foodsecurity.org/list.html>

### DC-Metro Area Dietetic Association (DMADA if you are an RD)

District of Columbia Metropolitan Area's chapter of the Academy of Nutrition and Dietetics serves to improve human nutrition by providing direction for education, scientific advancement, and quality dietetic practice.

<http://www.eatrightdc.org/>

### Eat Right Weekly from the Academy of Nutrition and Dietetics (AND) (if you are an RD)

Eat Right Weekly is e-mailed each Wednesday to all AND members. It is also available online. Send questions, comments or potential news items to [eatrightweekly@eatright.org](mailto:eatrightweekly@eatright.org).

<http://www.eatright.org/members/eatrightweekly/Categories.aspx?folderid=6442451288>

### Food and Nutrition Professionals Who Educate the Public (FNSPEC)

The FNSPEC listserv was established for food and nutrition professionals to exchange information and resources related to issues of interest to the general public. The group is not designed as a sounding board for personal views on nutrition and health issues.

<https://lists.purdue.edu/mailman/listinfo/fnspec>

### Food Politics

Marion Nestle, Ph.D., M.P.H., a Paulette Goddard Professor in the Department of Nutrition, Food Studies, and Public Health and Professor of Sociology at New York University, blogs daily at [www.foodpolitics.com](http://www.foodpolitics.com). Her website provides a wealth of resources for NYC and other state specific organizations working on advocacy, anti-hunger, local/organic food, urban farming and education.

<http://www.foodpolitics.com/2011/07/resources-for-advocacy-school-food-and-ag-policy/#comments>

### Kids Safe and Healthful Foods Project

The Pew Charitable Trusts and the Robert Wood Johnson Foundation are working together on the Kids' Safe and Healthful Foods Project to provide nonpartisan analysis and evidence-based recommendations to promote healthy foods and beverages in schools.

<http://www.healthyschoolfoodsnow.org>

### Prevent Obesity Network

The Prevent Obesity Network connects and supports those working to change policies and environments to help children be more active and eat healthy foods, both of which are critical to reversing the epidemic of childhood obesity in the US.

<http://www.preventobesity.net/join-movement>

### Public Health Institute (PHI)

The Public Health Institute (PHI) is an independent, nonprofit organization dedicated to promoting health, well-being and quality of life for people throughout California, across the nation and around the world. To receive the newsletter go to: [http://www.phi.org/news\\_events/news-newsletter-signup.html](http://www.phi.org/news_events/news-newsletter-signup.html)

### Robert Wood Johnson Foundation

RWJF's goal is to reverse the childhood obesity epidemic by 2015 by improving access to affordable healthy foods and increasing opportunities for physical activity in schools and communities across the nation. Sign up for a variety of newsletters and update by going to RWJF.org and at the top right hand corner, go to My RWJF to register and select various updates and alerts.

<http://www.rwjf.org/childhoodobesity/>

### The Rudd Center for Food Policy & Obesity

The Rudd Center for Food Policy & Obesity is a non-profit research and public policy organization devoted to improving the world's diet, preventing obesity, and reducing weight stigma. The Center serves as a leading research institution and clearinghouse for resources that add to our understanding of the complex forces affecting how we eat, how we stigmatize overweight and obese people, and how we can change.

[http://www.yaleruddcenter.org/who\\_we\\_are.aspx?id=19](http://www.yaleruddcenter.org/who_we_are.aspx?id=19)

### Trust for Americas Health (TFAH)

TFAH works on a variety of issues to help protect the health of every community and make disease prevention a national priority. To receive emails from TFAH contact [info@tfah.org](mailto:info@tfah.org).

<http://www.healthyamericans.org/>

### **Internships and Job Opportunities**

Here are a few suggestions for internships. This is by no means a comprehensive list of all nutrition policy internships in the DC area, but hopefully provides a good idea on where to start your search. Some of these may be formal ones, while others may have discrete projects that could be done remotely.

Contact organization(s) of interest to set up an interview or an informational meeting.

*Organizations:*

Academy of Nutrition and Dietetics (AND) (dietetic unpaid – other may be paid)

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy.

<http://www.eatright.org/BecomeanRDorDTR/content.aspx?id=8473>

Alliance for a Healthier Generation

The Alliance for a Healthier Generation works to address one of the nation's leading public health threats—childhood obesity.

<http://www.healthiergeneration.org/about.aspx?id=3490&linkidentifier=id&itemid=3490>

American Heart Association

AHA strives mission is to build healthier lives, free of cardiovascular diseases and stroke.

[http://www.heart.org/HEARTORG/General/We-have-Internships-just-for-you\\_UCM\\_304332\\_Article.jsp](http://www.heart.org/HEARTORG/General/We-have-Internships-just-for-you_UCM_304332_Article.jsp)

American Society for Nutrition

ASN offers various student opportunities including internships, fellowships, scholarships, and research training programs. Student opportunities are separated into categories for undergraduate, post baccalaureate, graduate, medical, doctoral, and postdoctoral students.

<http://www.nutrition.org/our-members/students/opportunities-for-students/>

Campaign to End Obesity (CEO)

The Campaign works to bring together leaders from across industry, academia and public health with policymakers and their advisors. The Campaign provides the information and guidance that decision-

makers need to make policy changes that will reverse one of the nation's costliest and most prevalent diseases.

[http://www.obesitycampaign.org/obesity\\_about\\_us.asp](http://www.obesitycampaign.org/obesity_about_us.asp)

#### Center for Science in the Public Interest (CSPI)

CSPI offers internships and/or preceptorships for a small number of qualified students in undergraduate, graduate, law, and medical schools each summer and during the school year.

<http://www.cspinet.org/about/jobs/200801042.html>

Contact: [hr@cspinet.org](mailto:hr@cspinet.org)

#### DC Public Affairs and Communications Jobs

Washington area jobs and internships in public affairs, communications, public relations, media, web development, lobbying, and related fields.

[www.publicaffairsjobs.blogspot.com](http://www.publicaffairsjobs.blogspot.com)

#### FHI 360 (formerly Academy for Educational Development)

FHI provides high-quality technical assistance to international agencies, national governments and local organizations in both nutrition and food security. The nutrition programs bring together experts in nutrition, food security, anthropology, behavioral change communication, market research and social marketing. FHI works with countries, international nutrition organizations and funders to design strategies, policies, programs and systems to bring about nutritional change.

[http://www.fhi360.org/en/What\\_We\\_Do/nutrition.htm](http://www.fhi360.org/en/What_We_Do/nutrition.htm)

#### Food and Friends

The mission of Food & Friends is to foster a community caring for men, women and children living with HIV/AIDS, cancer and other life-challenging illnesses by preparing and delivering specialized meals and groceries in conjunction with nutrition counseling.

<http://www.foodandfriends.org/site/pp.asp?c=ckLSI8NNIdJ2G&b=7565103>

#### Food Marketing Institute

As the largest trade association of its kind, FMI offers its members a diversity of services that range from helping the small independent operation remain competitive, to assisting wholesalers to develop the latest distribution systems, to identifying consumer attitudes toward food safety, solid waste, new products and the like.

<http://www.fmi.org/about-us/contact-us>

#### FoodMinds, LLC

FoodMinds is a food & nutrition company that harnesses communications, science, and public affairs to meet our clients' business and public health objectives. We help our clients find pathways for growth that are good for their business and good for consumers.

<http://www.foodminds.com/index.php/main/about/overview/>

#### Food Research Action Center

The Food Research and Action Center (FRAC) is the leading national organization working to improve public policy to eradicate hunger and under-nutrition in the United States. FRAC engages in research, analysis, training, technical assistance, advocacy, and public education to improve public nutrition programs and broaden their reach. FRAC and its anti-hunger partners throughout the U.S. work to alert the public and policymakers to the extent of hunger and its impact, and forge workable solutions at the national, state and community levels.

<http://frac.org/about/jobs-and-internship-information/>

#### Institute for Food Technologists

The Institute of Food Technologists (IFT) exists to advance the science of food. Our long-range vision is to ensure a safe and abundant food supply contributing to healthier people everywhere.

<http://www.ift.org/about-us/ift-jobs.aspx>

#### International Food Information Council (IFIC)

IFIC and International Food Information Council Foundation provide a variety of opportunities for paid and unpaid internships for undergraduate and graduate students in nutrition, food safety and technology, and communications.

<http://www.foodinsight.org/About/Career-Opportunities/Internships.aspx>

#### Nancy Chapman and Associates

Internships are available to students in nutrition, public health and health promotion programs. An internship with N. Chapman Associates, Inc. will provide exposure to policy analysis and communication and marketing strategies. Interns have the opportunity to monitor federal food and nutrition issues, evaluate federal food programs and participate in health coalitions.

<http://www.nchapman.com>

For more information, please contact [info@nchapman.com](mailto:info@nchapman.com)

### Powell Tate

Internships are usually paid; some have done for credit. Agency works on a range of issues, including food and nutrition. Interns assist with significant and substantive work, including drafting press releases, conducting research, developing materials and being part of the day-to-day account teams.

[www.powelltate.com](http://www.powelltate.com)

### School Nutrition Association (SNA)

SNA's Internship Program is designed to provide interns with the training and opportunities necessary to pursue a district-level supervisory position in school nutrition.

<http://www.schoolnutrition.org/Content.aspx?id=10702>

### Share Our Strength

The No Kid Hungry campaign connects kids in need with nutritious food and teaches their families how to cook healthy, affordable meals. The campaign also engages the public to make ending childhood hunger a national priority.

<http://www.nokidhungry.org/about-us/careers>

### Trust for America's Health

Trust for America's Health (TFAH) is a non-profit, non-partisan organization dedicated to saving lives by protecting the health of every community and working to make disease prevention a national priority.

<http://healthyamericans.org/pages/?id=30>

### United Fresh Produce Association

United Fresh Produce Association is the industry's leading trade association committed to driving the growth and success of produce companies and their partners.

<http://www.unitedfresh.org/about>

### *Capitol Hill:*

A great place to start and gain on-the-ground understanding of the legislative process. For information on House of Representative Internships, see <http://www.house.gov/content/educate/internships.php> and for

the Senate: [http://www.senate.gov/general/search/search\\_cfm.cfm?q=internship&x=0&y=0&site=default\\_collection&num=10&filter=0](http://www.senate.gov/general/search/search_cfm.cfm?q=internship&x=0&y=0&site=default_collection&num=10&filter=0).

A resume submission form is available here  
[http://www.house.gov/content/jobs/members\\_and\\_committees.php](http://www.house.gov/content/jobs/members_and_committees.php)

Additionally, each member and senator will have information on their webpage about internship opportunities.

If you have a bit more experience, you may want to look into a fellowship. A fellowship is also a short term appointment with a member of Congress, but fellows generally work in a specific area such as health policy. Fellowships that may be accessible include

- The Women's Research and Education Institute <http://www.wrei.org/Fellows.htm>
- The Congressional Black Caucus Foundation <http://www.cbcfinc.org/programs/leadership-development/172.html>
- AAAS Fellowship for people with PhD's or other science degrees  
[http://fellowships.aaas.org/02\\_Areas/02\\_Congressional.shtml](http://fellowships.aaas.org/02_Areas/02_Congressional.shtml)

*Government Agencies:*

DC Department of Health

Offers internships for college students and recent grads.

<http://doh.dc.gov/service/college-student-internship-program>

USDA:

US Department of Agriculture Internship Program [http://www.usda.gov/wps/portal/usda/usdahome?navid=INTERN\\_SCHOLAR](http://www.usda.gov/wps/portal/usda/usdahome?navid=INTERN_SCHOLAR)

- Center for Nutrition Policy in Promotion (Alexandria, VA)  
<http://www.cnpp.usda.gov/Publications/Internships/CNPPInternships.pdf>
- Economic Research Service (examines federal food/nutrition assistance programs, food choices and health, agriculture policies, etc.)
- Food and Nutrition Service (administers federal nutrition assistance programs e.g. WIC, SNAP, School Lunch and Breakfast, etc.)
- Beltsville Agriculture Library and Food and Nutrition Information Center
- Beltsville Human Nutrition Research Center (part of USDA's Agricultural Research Service)

HHS



- Office of Disease Prevention and Health Promotion (Rockville, MD) - <http://odphp.osophs.dhhs.gov/opportunities.asp>
- FDA - Center for Food Safety and Applied Nutrition (College Park, MD) - <http://www.fda.gov/AboutFDA/CentersOffices/OfficeofFoods/CFSAN/default.htm>
- National Institutes of Health (NIH) <http://www.nidcr.nih.gov/CareersAndTraining/Fellowships/>

## **Other Resources**

Michele Tuttle job list serv (Michele M. Tuttle [mmtcomm@verizon.net](mailto:mmtcomm@verizon.net))

DC Metropolitan Area Job Announcements are for nutrition professionals who want to receive job announcements via e-mail. Anyone may request to be on the "list" by sending an e-mail to [mmtcomm@verizon.net](mailto:mmtcomm@verizon.net), and ask to be included on the list to receive job announcements. At any time, list "members" may request to be removed or added to the list. There is no charge for this service, and solicitations or advertisements are not accepted or sent out. Employers may also "post" to the list by sending Michele a copy of their position description. Potential job applicants respond directly to the employer, not to the list.

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