



Tracy A. Fox, MPH, RD
President, Food, Nutrition & Policy Consultants, LLC

For Nutrition Professionals: Information About Interns and Hiring Interns

Looking for an Intern

Good places to post opportunities: George Washington University; University of Maryland; American University; Georgetown; Idealists; George Mason. (Note: would need to identify a contact in the appropriate department to see if they can post)

Interviewing

Below are examples of a few key questions or areas to gather information from either the potential intern or their references (if you are considering hiring them for an internship opportunity):

- What kind of experience are you looking for?
- Specific project or general DC experience?
- How are you defining policy and at which intervention points are you interested in working?
- What are you passionate about?
- Problem Solving: here is a scenario, what would you do and who would you enlist to help you?
- Who is the most powerful speaker you have ever heard?
- Who would like as a mentor – if you could pick anyone?
- What have you never had the opportunity to do/be exposed to in nutrition policy that you have been interested in doing?
- Describe who you are in five years. What is your end goal?
- Describe your level of education
- Describe your interest in unpaid internship and the length you would consider
- Are you interested in the Hill?
- Are you a self-starter? What are some examples?
- What are your strengths? Weaknesses?
- How much responsibility have you had in previous jobs?
- What types of analytical skills do you have/examples?
- Please provide writing samples
- Do you work well independently? Example, would you be comfortable being sent as a representative of (x company) to attend a briefing/meeting?

301 North Shore Lane, Culver, IN 46511 · cell: 301-922-3570
tracy@foodnutritionpolicy.com
@TracyFoxRD
www.foodnutritionpolicy.com